



LOCATION

The event starts & finishes at [Dinton Activity Centre, Sandford Lane, Hurst, RG10 0SU](#). Please note this is NOT the entrance to Dinton Pastures where the cafe is!



PARKING

There is ample parking onsite. We advise you pay via the [RingGo App](#) to avoid queues at the ticket machines.

If you are bringing your own board, please park in the first car park on the right hand side as you enter the Activity Centre.



RESULTS

Your result will be available once you cross the line via [EventChipTiming.com](#). There will not be any results available to view at the finish line – please use your own devices to search for results.



SOCIAL DISTANCING

We request that you maintain social distancing throughout the event. The Country Park is open to the general public and we request you respect any members you pass whilst taking part in the event.

A one way system is in operation for the event – please follow the signage.

Once you have finished the event and collected your belongings, I'm afraid we have to ask you to please leave the event site as soon as you can :-)



REGISTRATION

You will collect your event number & timing chip from the registration table between 8am – 8.45am. We ask that everyone sanitises their hands when they arrive at the event.

Those hiring paddleboards for the event will find their paddleboards by their numbered cones in transition.

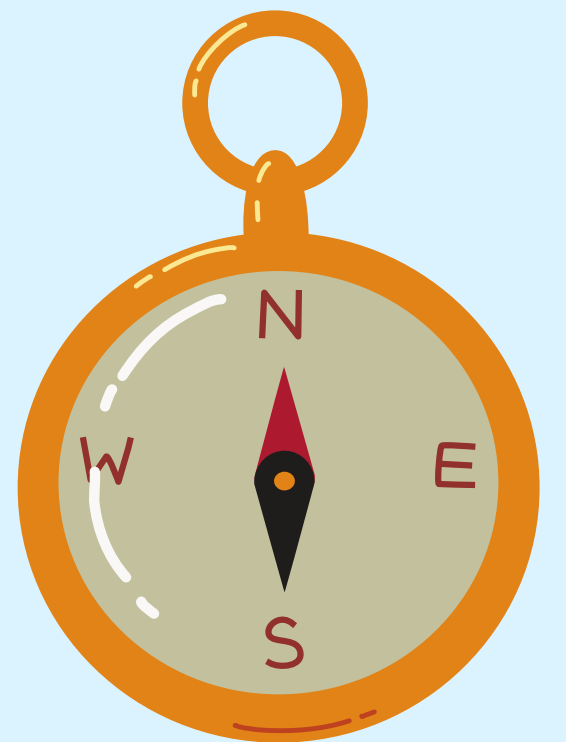


THE COURSE

The [Course map can be found here](#). Both the SUP and run course are 1 lap anticlockwise courses. The run course will be marked with large yellow arrows.

The start will be on the water inline with the jetty. Transition will be on the beach area of Black Swan Lake. The finish is on Lea Heath. There will be [medals](#) available for you to help yourselves to at the finish line.

Trophies for first male/female and team will be posted.



REFRESHMENTS & FACILITIES

There is no water or aid station at the event. Please bring your own.

There are limited lockers available in Dinton Activity Centre to store your valuables.

Toilets can be used in the Dinton Activity Centre but there is no access to showers at this time.

