

5k Series Results - after race 3



Male - Overall

Name	Race 1	Race 2	Race 3	Sum of Total
Joe Hayes	00:18:37	00:18:49	00:18:50	0:56:16
Iain Marshall	00:19:35	00:19:40	00:18:34	0:57:49
Sean Stewart	00:20:24	00:19:55	00:20:10	1:00:29
Lee Davies	00:20:47	00:20:11	00:20:21	1:01:19
Tim Elford	00:21:00	00:20:14	00:20:53	1:02:07
Phil Rayner	00:21:18	00:21:15	00:20:36	1:03:09
Ben Chesterman	00:21:08	00:20:57	00:21:15	1:03:20
Steve Faulkner	00:20:41	00:21:15	00:21:54	1:03:50
Anthony Keeble	00:21:59	00:21:09	00:20:54	1:04:02
Luke Trueman	00:22:28	00:21:10	00:20:54	1:04:32

Female - Overall

Name	Race 1	Race 2	Race 3	Sum of Total
Tracey Hare	00:22:19	00:22:13	00:21:59	1:06:31
Rebecca Cairns	00:22:06	00:22:32	00:21:57	1:06:35
Laura Readings	00:22:06	00:23:30	00:22:01	1:07:37
Elisa Robbins	00:24:15	00:23:55	00:24:00	1:12:10
Debbie Martin	00:25:18	00:25:07	00:24:58	1:15:23
Andrea Winks	00:24:54	00:25:02	00:25:53	1:15:49
Sally Waterman	00:25:19	00:25:37	00:25:31	1:16:27
Leanne Smith	00:26:05	00:25:16	00:26:16	1:17:37
Lucy Pedrick	00:26:09	00:25:50	00:25:55	1:17:54
Suki Gilliland	00:26:58	00:26:11	00:28:28	1:21:37

Male - M40

Name	Race 1	Race 2	Race 3	Sum of Total
Lee Davies	00:20:47	00:20:11	00:20:21	1:01:19
Tim Elford	00:21:00	00:20:14	00:20:53	1:02:07
Anthony Keeble	00:21:59	00:21:09	00:20:54	1:04:02
Roger Houghton	00:23:32	00:23:49	00:22:53	1:10:14
Andrew Taylor	00:50:15	00:27:28	00:24:57	1:42:40

Female - F40

Name	Race 1	Race 2	Race 3	Sum of Total
Tracey Hare	00:22:19	00:22:13	00:21:59	1:06:31
Laura Readings	00:22:06	00:23:30	00:22:01	1:07:37
Debbie Martin	00:25:18	00:25:07	00:24:58	1:15:23
Andrea Winks	00:24:54	00:25:02	00:25:53	1:15:49
Suki Gilliland	00:26:58	00:26:11	00:28:28	1:21:37
Joanne Hart	00:27:01	00:28:32	00:28:54	1:24:27
Helen Carroll	00:29:03	00:28:49	00:29:23	1:27:15
Helen Horsley-Goswell	00:29:40	00:29:56	00:29:45	1:29:21
Michelle Hey	00:30:43	00:30:32	00:28:43	1:29:58
Nicola Penny	00:31:28	00:31:22	00:31:42	1:34:32

Male - M50

Name	Race 1	Race 2	Race 3	Sum of Total
Sean Stewart	00:20:24	00:19:55	00:20:10	1:00:29
Phil Rayner	00:21:18	00:21:15	00:20:36	1:03:09
Steve Faulkner	00:20:41	00:21:15	00:21:54	1:03:50
Richard Elson	00:28:14	00:26:55	00:26:14	1:21:23
Simon Butler	00:27:49	00:28:01	00:27:46	1:23:36
Adrian Tansley	00:30:35	00:29:21	00:31:40	1:31:36
Paul Brett	00:31:09	00:29:56	00:32:33	1:33:38
Ian Major	00:32:56	00:32:19	00:33:11	1:38:26
Spike Fairhurst	00:34:02	00:33:30	00:35:56	1:43:28
Simon Arthur	00:36:16	00:35:55	00:36:50	1:49:01

Female - F50

Name	Race 1	Race 2	Race 3	Sum of Total
Lucy Pedrick	00:26:09	00:25:50	00:25:55	1:17:54
Kathy Vickers	00:29:38	00:28:31	00:28:27	1:26:36
Barbara Newton	00:32:00	00:30:14	00:29:22	1:31:36
Netta Howard	00:31:58	00:31:39	00:31:12	1:34:49
Joan Barker	00:32:21	00:31:51	00:32:14	1:36:26
Emma Vowell	00:32:26	00:32:37	00:32:09	1:37:12
Elizabeth Sarjent	00:34:08	00:33:03	00:32:37	1:39:48
Erica Fairhurst	00:34:15	00:33:37	00:32:44	1:40:36
Annette Russell	00:34:27	00:34:53	00:34:43	1:44:03
Clare Mundzar	00:35:26	00:36:49	00:34:58	1:47:13

Male - M60

Name	Race 1	Race 2	Race 3	Sum of Total
Stephen Kelleher	00:21:33	00:21:27	00:21:45	1:04:45
Gregory Neal	00:28:22	00:28:49	00:28:19	1:25:30

Female - F60

Name	Race 1	Race 2	Race 3	Sum of Total
Sally Waterman	00:25:19	00:25:37	00:25:31	1:16:27
Maureen Sweeney	00:30:02	00:30:13	00:29:33	1:29:48
Angela Thorpe	00:30:56	00:30:43	00:29:34	1:31:13
Lynne Lewis	00:37:35	00:36:26	00:39:11	1:53:12
Margaret Rose	00:42:16	00:38:37	00:38:52	1:59:45

Male - M70

Name	Race 1	Race 2	Race 3	Sum of Total
John Rose	00:42:38	00:38:35	00:38:48	2:00:01

10k Series Results - after race 3



Male - Overall

Name	Race 1	Race 2	Race 3	Sum of Total
Damian Holmwood	00:33:57	00:33:52	00:34:36	1:42:25
Nicholas Twomey	00:34:40	00:35:29	00:36:33	1:46:42
Ian Turner	00:39:30	00:38:43	00:38:25	1:56:38
Markus Orgill	00:39:53	00:38:32	00:38:33	1:56:58
Chris Moseley	00:38:34	00:38:42	00:41:35	1:58:51
Richard Hallam-Baker	00:39:33	00:40:20	00:40:25	2:00:18
Edward Dodwell	00:43:01	00:42:32	00:42:28	2:08:01
Darren Turner	00:44:24	00:42:56	00:41:55	2:09:15
Ross Davies	00:44:44	00:44:02	00:43:11	2:11:57
David Caswell	00:44:04	00:44:19	00:43:42	2:12:05

Female - Overall

Name	Race 1	Race 2	Race 3	Sum of Total
Deb Self	00:46:21	00:46:05	00:47:52	2:20:18
Rosa Lenders	00:47:28	00:47:30	00:46:11	2:21:09
Julie Evans	00:47:44	00:49:58	00:49:31	2:27:13
Abbs Clayton	00:50:02	00:49:07	00:52:10	2:31:19
Roisin McMahon	00:51:14	00:50:58	00:49:08	2:31:20
Julie Sugden	00:52:29	00:51:15	00:50:42	2:34:26
Lorna Mcleod	00:52:13	00:52:24	00:50:14	2:34:51
Caroline Akazou	00:51:56	00:51:41	00:53:46	2:37:23
Sally Bowness	00:54:18	00:52:48	00:51:46	2:38:52
Lucy Morris	00:51:23	00:54:51	00:53:27	2:39:41

Male - M40

Name	Race 1	Race 2	Race 3	Sum of Total
Ian Turner	00:39:30	00:38:43	00:38:25	1:56:38
Chris Moseley	00:38:34	00:38:42	00:41:35	1:58:51
Richard Hallam-Baker	00:39:33	00:40:20	00:40:25	2:00:18
Darren Turner	00:44:24	00:42:56	00:41:55	2:09:15
Ross Davies	00:44:44	00:44:02	00:43:11	2:11:57
James Hawker	00:46:38	00:42:47	00:44:10	2:13:35
Michael Hominick	00:45:46	00:44:44	00:45:25	2:15:55
Eoin Mcleod	00:47:23	00:46:06	00:42:49	2:16:18
Stuart Wells	00:47:39	00:46:12	00:50:58	2:24:49
Richard Lamey	00:48:06	00:49:50	00:49:41	2:27:37

Female - F40

Name	Race 1	Race 2	Race 3	Sum of Total
Julie Evans	00:47:44	00:49:58	00:49:31	2:27:13
Abbs Clayton	00:50:02	00:49:07	00:52:10	2:31:19
Roisin McMahon	00:51:14	00:50:58	00:49:08	2:31:20
Caroline Akazou	00:51:56	00:51:41	00:53:46	2:37:23
Olivia Andersson	00:55:44	00:56:16	00:57:45	2:49:45
Katy Allaway	00:56:38	00:58:32	00:57:00	2:52:10
Kate Turnell	01:01:10	00:59:12	00:59:30	2:59:52
Karen Goulding	01:00:59	00:57:35	01:04:13	3:02:47
Catherine Piper	01:01:42	01:01:13	01:01:57	3:04:52
Soph Tarttelin	01:05:55	01:02:56	00:58:38	3:07:29

Male - M50

Name	Race 1	Race 2	Race 3	Sum of Total
David Caswell	00:44:04	00:44:19	00:43:42	2:12:05
Maurice Richardson	00:42:07	00:41:41	00:49:26	2:13:14
Peter Dennett	00:45:34	00:44:50	00:44:46	2:15:10
Steve Bateman	00:46:27	00:48:10	00:46:24	2:21:01
Martin Roberts	00:49:34	00:49:29	00:47:50	2:26:53
Mark Hammond	00:51:03	00:48:42	00:51:06	2:30:51
Pete Rogers	00:54:13	00:52:30	00:51:52	2:38:35
Jim Howard	01:03:32	00:47:42	00:51:27	2:42:41
Nicholas Cousins	00:57:36	00:58:52	00:56:57	2:53:25
John Byrne	01:01:00	00:50:18	01:04:00	2:55:18

Female - F50

Name	Race 1	Race 2	Race 3	Sum of Total
Deb Self	00:46:21	00:46:05	00:47:52	2:20:18
Lorna Mcleod	00:52:13	00:52:24	00:50:14	2:34:51
Sally Bowness	00:54:18	00:52:48	00:51:46	2:38:52
Anne Connell	00:49:23	01:01:02	00:49:53	2:40:18
Andrea Goodman	01:03:00	00:59:00	00:59:34	3:01:34
Sian Thornley	01:05:06	01:03:00	01:02:00	3:10:06
Lorraine Deacon	01:03:11	01:04:41	01:03:06	3:10:58
Helen Ferguson	01:11:26	01:15:00	01:07:33	3:33:59

Male - M60

Name	Race 1	Race 2	Race 3	Sum of Total
Edward Dodwell	00:43:01	00:42:32	00:42:28	2:08:01
Douglas Lewis	00:51:05	00:48:26	00:49:36	2:29:07
Paul Allaway	00:56:00	00:47:46	00:48:08	2:31:54
Colin Wilson	01:27:24	01:18:09	01:18:19	4:03:52

Female - F60

Name	Race 1	Race 2	Race 3	Sum of Total
Alison Jones	00:52:47	00:55:00	00:53:45	2:41:32