



BARNES FITNESS.CO.UK
BELIEVE TO ACHIEVE

**THAMES
5KM/10KM
& 2.5KM**

THURSDAY 4 JULY
6:30PM START - 2.5KM
7:30PM START - 5KM/10KM
RUN 5KM/10KM KIDS 2.5KM
BEALE PARK,
PANGBOURNE,
RG8 9NW



THAMES 5/10km 2019 ROUTE

