

# TWYFORD KIDS DUATHLON

SUNDAY 12 MAY  
10:00AM START  
RUN/BIKE/RUN

KING GEORGE'S FIELD,  
LODDON HALL ROAD,  
TWYFORD, RG10 9JA



	Run 1	Laps	Bike	Laps	Run 2	Laps
TriStar Starts	400m	1	850m	1	200m	1
TriStars 1	1,200m	3	1,700m	2	400m	1
TriStars 2	1,600m	4	3,400m	4	600m	3
TriStars 3	2,000m	5	5,100m	6	800m	2
	400m laps		850m laps		200m lap for Starts & TS2 400m laps for TS1 & TS3	



**Parking, Registration and Start**